

WEEK 1 MENU

w/c 31/10, 02/11, 12/12, 02/01, 23/01,
06/03, 27/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	WORLD FOOD DAY Italian	FRIDAY FAVOURITES
MAIN 1	Sausage Pasta Bake	Quorn Hotdog in Bun 	Roast Chicken (H)	Crispy Italian Chicken (H)	Oven Baked Fish Fingers
Main 2	Roasted Vegetable & Tomato Gnocchi 	Sticky Korean Cauliflower	Turkish Quorn Kebab Flatbread	Crispy Italian Vegetables 	Margarita Pizza
Carbohydrates	Fresh Mashed Potato Or Wholemeal Pasta 	Garlic and Rosemary Focaccia or Wholemeal Pasta 	Roast Potatoes or Wholemeal Pasta 	Egg Noodles or Wholemeal Pasta 	Oven Baked Chips
Vegetables	Roasted Sweetcorn Salad Bar 	Roasted Red Onion and Kale Salad Bar 	Carrots and Cabbage Salad Bar 	Roasted Courgette and Pepper Salad Bar 	Baked Beans or Garden Peas Salad Bar
Desserts	Plum Crumble and Custard Selection of Yoghurts	Baked Rice Pudding with Apple Topping Selection of Yoghurts	Autumn Cake Selection of Yoghurts	Apricot Cake with Apricot Sauce Selection of Yoghurts	Chocolate Custard Mousse

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist



WEEK 2 MENU

w/c 07/11, 28/11, 09/01, 30/01, 20/02, 13/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Butter Chicken Curry (H)	Beef Lasagne (H)	Roast Chicken (H)	Loaded Chilli Dogs in a bun	Oven Baked Fish Fingers
Main 2	Chickpea and Spinach Curry	Macaroni Cheese	Cauliflower Cheese	Mixed Bean Enchiladas	Wholemeal Margarita Pizza
Carbohydrates	Turmeric Braised Rice or Wholemeal Pasta	Garlic and Rosemary Focaccia or Wholemeal Pasta	Roast Potatoes or Wholemeal Pasta	Jacket Potato Wedges or Wholemeal Pasta	Oven Baked Chips
Vegetables	Bombay Cauliflower or Peas Salad Bar	Roasted Sweetcorn and Green Pepper Salad Bar	Fresh Broccoli and Carrots Salad Bar	Cumin Scented Carrots Salad Bar Salad Bar	Baked Beans Garden Peas Salad Bar
Desserts	Fruity Yoghurt Fool Selection of Yoghurts	Chocolate Beetroot Cake Selection of Yoghurts	Watermelon and Mint Pots Selection of Yoghurts	Pear Upside Pudding & Chocolate Custard Selection of Yoghurts	Freshly Baked Vanilla Cookie Selection of Yoghurts

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WEEK 3 MENU

w/c 14/11, 05/12, 16/01, 06/02, 27/02, 20/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	WORLD FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Louisiana Style Baked Chicken (H)	Vegan Sweet Potato Chilli	Roast Chicken (H)	Sausage & Onion Gravy	Oven Baked Fish Finger
Main 2	Cheesy BBQ Bean Bake	Tomato Pasta Bake	Roasted Quorn Fillet and Gravy	Quorn Sausage and Gravy	Margarita Pizza
Carbohydrates	Baked Half Jacket Wholemeal Pasta	Braised Rice Garlic Bread	Roasted Potatoes Wholemeal Pasta	Fresh Mashed Potato Wholemeal Pasta	Oven Baked Chips
Vegetables	Roasted Broccoli with Garlic & Red Pepper Salad Bar	Ratatouille Salad Bar	Savoy Cabbage Roasted Carrots Salad Bar	Sweetcorn Salad Bar	Baked Beans Garden Peas Salad Bar
Desserts	Roasted Pineapple Pots Selection of Yoghurts	Lemon Posset & Ginger Biscuit Selection of Yoghurts	Orange and Cinnamon Drizzle Cake Selection of Yoghurts	Apple and Yoghurt Pudding Selection of Yoghurts	Fruit Sorbet Selection of Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



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Vegetarian



Vegan



Organic

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