

### If you are bullied:-

#### DO:-

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Tell someone at home.
- Tell an adult in school.
- Walk away.
- TELL SOMEONE.



#### DON'T:-

- Do what they say.
- Get angry or look upset.
- Hit them.
- Think it's your fault.
- Hide it.



### What should I do if I see someone else is being bullied?

- Don't walk away and ignore the bullying behaviour.
- Let an adult know as soon as possible.
- Tell the person using bullying behaviour to stop if it is safe to do so.
- Don't stay silent or the bullying might keep happening.



The Principal, the Academy Council, the staff and children will work together to:-

- Make our school a place where everyone can feel safe and happy. That means no bullying behaviour is allowed.
- We will help everyone to get on with each other and we believe that everyone has the right to be who they are.

# Oasis Academy Harpur Mount



## Child Friendly Anti-Bullying Policy

Respect      Responsibility  
Simplicity  
Caring      Thoughtfulness      Tolerance  
Trust      Understanding      Hope  
Honesty      Co-operation  
Appreciation      Courage

## What is Bullying Behaviour?

In our school bully behaviour is when someone hurts someone more than once, by using behaviour which is meant to hurt, frighten or upset another person.

In this school bullying and any other forms of intimidation such as peer-pressure will not be tolerated. This includes all the protected characteristics of the 2010 Equality Act which includes racism, sexism, homophobia, biphobia and transphobia.

All will treat others with kindness and respect and all will care well for each other. All will come to school without fear and will be safe in school. Everyone will be vigilant and will intervene promptly to intervene if there are any signs or reports of bullying including cyber-bullying. (This policy is to be read in conjunction with the Behaviour Policy, E-Safety Policy, SEND Policy and the Safeguarding Policy).

### Bullying Behaviour Can be.....

**Emotional:** Hurting people's feelings, leaving you out.

**Physical:** Punching, kicking, spitting hitting, pushing.

**Verbal:** Being teased, name calling.

**Racist:** Graffiti, calling you racist NAMES.

**Cyber:** saying unkind things by text, e-mail, social media



## When is it bullying behaviour?



**We promise to always listen and treat bullying behaviour seriously.**

## Who can I tell?

**Tell someone**

A Friend

Someone at home

Teachers

School friends

Lunch time Staff

Any Other Adult

**MOST IMPORTANTLY:-**

If you are being bullied:

**Start Telling Other People!**